

MOMENTUM MARKETING:

SMART STRATEGIES FOR YOUR FIRST YEAR



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WELCOME & HOW TO USE THIS WORKBOOK

This workbook is your companion to the Momentum Marketing session. Use it to capture notes, reflect on your business, and start building an actionable marketing plan for your first year.

Tips:

Write down your thoughts as we go.
Use the prompts to reflect on your unique business.
Leave with a 90-day action plan you can start right away.



Section 1: What Is Marketing?

Marketing is how people discover, understand, and trust your business — every touchpoint matters.

Reflection Prompt:

- In your own words, how do people currently discover your business?
- · How do they understand what you do?

•	What helps them trust you?				
No	Notes:				
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Section 2: Your Brand Foundation

Who You Are | What You Offer | Why It Matters

Exercise: Write 1-2 sentences for each. Who am I?		
What Do I Offer?	_	

Action Step: Identify 3 words you want people to associate with

your brand:

Section 3: Brand Consistency

brand style:

Consistency builds recognition and trust.				
Checklist:				
□ Logo finalized □ Brand colors selected □ Fonts chosen (2 max) □ Photography style defined □ Tone of voice outlined				
Action Prompt: Write one phrase that describes your				

Section 4: First Impressions Count

Your first impression sets the tone. Audit Exercise: Rate yourself (1–5) on each area: Website/Landing Page:
Professional Email:
Google Business Profile:
Online Presence Consistency:
Physical Materials:

Action Step: Circle one area you'll improve first.

Section 5: Build a Clear & Consistent Brand Presence

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Clarity creates connection.
Target Audience Prompt:
Who am I trying to reach?
What do they care about?
What problem am I solving?
Message Draft: Write your "elevator pitch" in 2-3 sentences:

Section 6: Show Up Confidently (Online & In Person)

 $\label{lem:confidence} \mbox{Confidence grows through preparation and relationships}.$

Reflection: Where do you want to show up more consistently?		
Online:		
In person/community:		
Action Step:		
List 3 events, memberships, or networking spaces you'll commit to:		

Section 7: Budgeting Your Marketing

Spend smart, not loud.

Worksheet: Good vs. Poor Uses of Budget

Circle which you're currently doing:

- Professional logo vs. Overly complex revisions
- Website with SEO vs. Site with no update plan
 Professional photography vs. Generic stock photos
- Templates/social consistency vs. Random boosted posts
- Community events vs. Overpaying for broad ads

Action Step: Write down your top 2 marketing investments for the next 6 months:

Section 8: 90-Day Marketing Focus Plan

 ${\bf Momentum\ comes\ from\ manageable\ focus.}$

Quarterly Planner Templa	te:
Quarter	Quarter
Focus	Focus
Key Actions	Key Actions
Quarter	Quarter
Quarter	Quarter
Focus	Focus
Key Actions	Key Actions

Section 9: Closing – Keep Building Momentum

Your first year is about steady progress, not perfection.

Why did I start this business?

Peffection Prompt

What one thing will I commit to consistently doing in the next 30 days?

In Need of Help?

Schedule a call with K Marketing Co. for custom branding, digital design, and strategy that moves your business forward.

